

## Phobia

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### Phobia

Medical Definition of phobia : an exaggerated and often disabling fear usually inexplicable to the subject and having sometimes a logical but usually an illogical or symbolic object, class of objects, or situation — compare compulsion, obsession

#### Phobia | Definition of Phobia by Merriam-Webster

A phobia is an intense fear of a specific object or situation. Cope with your creeping terror; Healthy YOU If the fear is excessive or irrational happening as a result of threatening objects or situations, then it is called as " phobia " (1).

#### Phobia - definition of phobia by The Free Dictionary

A phobia is a type of anxiety disorder defined by a persistent and excessive fear of an object or situation. The phobia typically results in a rapid onset of fear and is present for more than six months. The affected person goes to great lengths to avoid the situation or object, to a degree greater than the actual danger posed. If the feared object or situation cannot be avoided, the affected ...

#### Phobia - Wikipedia

A phobia is an irrational fear of something that’s unlikely to cause harm. The word itself comes from the Greek word phobos, which means fear or horror. Hydrophobia, for example, literally...

#### List of Phobias: How Many Are There?

A phobia is defined as the persistent fear of a situation, activity, or thing that causes the sufferer to want to avoid it. The three types of phobias are social phobia (fear of public speaking, meeting new people, or other social situations), agoraphobia (fear of being outside), and specific phobias (fear of particular items or situations).

#### Phobia Definition, List of Types, Causes & Treatment

The term "phobia" refers to a group of anxiety symptoms brought on by certain objects or situations. A specific phobia, formerly called a simple phobia, is a lasting and unreasonable fear caused by...

#### Phobias: Specific Phobias Types and Symptoms

Phobias have little to do with danger. More than 19 million Americans have a phobia -- an intense, irrational fear when they face a certain situation, activity, or object. With a phobia, you may...

#### Common Phobias: Agoraphobia, Claustrophobia, and More

Phobias are one of the most common mental illnesses in the United States. The National Institute of Mental Health suggests that eight percent of U.S. adults have some type of phobia. Women are more likely to experience phobias than men.

#### A to Z: List of Phobias, From the Strange to the Common

The English suffixes -phobia, -phobic, -phobe (from Greek φόβος phobos, "fear") occur in technical usage in psychiatry to construct words that describe irrational, abnormal, unwarranted, persistent, or disabling fear as a mental disorder (e.g. agoraphobia), in chemistry to describe chemical aversions (e.g. hydrophobic), in biology to describe organisms that dislike certain conditions (e.g ...

#### List of phobias - Wikipedia

Social Phobia- Fear of being evaluated negatively in social situations. Sociophobia- Fear of society or people in general. Somniphobia- Fear of sleep. Sophophobia- Fear of learning. Soteriophobia - Fear of dependence on others. Spacephobia- Fear of outer space.

#### The Phobia List

Join the Phobia Crew - Houston's elite attraction. Minimum age is 16 with signed parental permission. MUST WORK ALL FRIDAYS, SATURDAYS AND HALLOWEEN. Experience is preferred, but not required. It's hard work, but fun. No liquor or drugs - HPD on site. SAFETY FIRST. We do not control details of work. 25 Hour Probationary Period

#### Phobia Haunted Houses - 8 Haunts, 1 Killer Location ...

The best treatment for specific phobias is a form of psychotherapy called exposure therapy. Sometimes your doctor may also recommend other therapies or medication. Understanding the cause of a phobia is actually less important than focusing on how to treat the avoidance behavior that has developed over time.

#### Specific phobias - Diagnosis and treatment - Mayo Clinic

The following phobias are ten of the most common objects or situations that lead to marked fear and symptoms such as dizziness, nausea, and breathlessness. In some cases, these symptoms escalate into a full-blown panic attack.

#### 10 of the Most Common Phobias - Verywell Mind

A phobia is a type of anxiety disorder that causes an individual to experience extreme, irrational fear about a situation, living creature, place, or object. When a person has a phobia, they will...

#### Phobias: Symptoms, types, causes, and treatment

We define a phobia as ‘an extreme or irrational fear of or aversion to something’.

#### A Strange List Of Phobias | Lexico

A phobia is a persistent, excessive, unrealistic fear of an object, person, animal, activity or situation. It is a type of anxiety disorder. A person with a phobia either tries to avoid the thing that triggers the fear, or endures it with great anxiety and distress. Some phobias are very specific and limited.

#### Phobia - Harvard Health

Phobia, an extreme, irrational fear of a specific object or situation. A phobia is classified as a type of anxiety disorder, since anxiety is the chief symptom experienced by the sufferer. Phobias are thought to be learned emotional responses.

#### Phobia | psychology | Britannica

noun a persistent, irrational fear of a specific object, activity, or situation that leads to a compelling desire to avoid it.